

San Diego Critical Care Medical Group - GROSSMONT 888-664-8297

December 2025 - Revised 2/24/2026

Sunday November 30, 2025	Monday December 1, 2025	Tuesday December 2, 2025	Wednesday December 3, 2025	Thursday December 4, 2025	Friday December 5, 2025	Saturday December 6, 2025
	6a-12p Malinak Odd 12p-6p Bolandgray Even 12p-6p Dela Cruz Odd 6p-12a Salehi Even 6p-12a Romero ON 12a-6a Arabo Standby	6a-12p Desai Odd 12p-6p Ottersbach Even 12p-6p Sun Odd 6p-12a Eslamian Even 6p-12a Nourin ON 12a-6a Goldenberg Standby	6a-12p Bolandgray Odd 12p-6p Siddiqui Even 12p-6p Boya Odd 6p-12a Said Even 6p-12a Arabo ON 12a-6a Malinak Standby	6a-12p Eslamian Odd 12p-6p Nourin Even 12p-6p Desai Odd 6p-12a Romero Even 6p-12a Sun ON 12a-6a Jalil Standby	6a-12p Ottersbach Odd 12p-6p Askar Even 12p-6p Salehi Odd 6p-12a Goldenberg Even 6p-12a Arabo ON 12a-6a Boya Standby	6a-12p Romero Odd 12p-6p Sun Even 12p-6p Jalil Odd 6p-12a Desai Even 6p-12a Cherepnina ON 12a-6a Eslamian Standby
December 7, 2025	December 8, 2025	December 9, 2025	December 10, 2025	December 11, 2025	December 12, 2025	December 13, 2025
	Standby Said 6a-12p Paul Odd 12p-6p Fu Even 12p-6p Siddiqui Odd 6p-12a Damavand Even 6p-12a Zaman ON 12a-6a Garlapati Standby	Standby Said 6a-12p States Odd 12p-6p Muralidhara Even 12p-6p Thompson Odd 6p-12a Jalil Even 6p-12a Dela Cruz ON 12a-6a Nourin Standby	Standby Said 6a-12p Damavand Odd 12p-6p Paul Even 12p-6p Garlapati Odd 6p-12a Dhaliwal, S Even 6p-12a Fu ON 12a-6a Siddiqui Standby	Standby Said 6a-12p Sabri Odd 12p-6p Nikravesh Even 12p-6p Muralidhara Odd 6p-12a Jalil Even 6p-12a States ON 12a-6a Thompson Standby	Standby Said 6a-12p Desai Odd 12p-6p Dhaliwal, S Even 12p-6p Zaman Odd 6p-12a Paul Even 6p-12a Mostamand ON 12a-6a Damavand Standby	6a-12p Desai Odd 12p-6p Thompson Even 12p-6p States Odd 6p-12a Jalil Even 6p-12a Sabri ON 12a-6a Dhaliwal, S Standby
December 14, 2025	December 15, 2025	December 16, 2025	December 17, 2025	December 18, 2025	December 19, 2025	December 20, 2025
	6a-12p Zaman Odd 12p-6p Mostamand Even 12p-6p Damavand Odd 6p-12a Muralidhara Even 6p-12a Nikravesh ON 12a-6a Li Standby	6a-12p Ramineni Odd 12p-6p Boya Even 12p-6p Wei Odd 6p-12a Sasan, M Even 6p-12a Arabo ON 12a-6a Nourin Standby	6a-12p Askar Odd 12p-6p Ottersbach Even 12p-6p Salehi Odd 6p-12a Goldenberg Even 6p-12a De la Cruz ON 12a-6a Eslamian Standby	6a-12p Nourin Odd 12p-6p Boya Even 12p-6p Sasan, M Odd 6p-12a Arabo Even 6p-12a Wei ON 12a-6a Romero Standby	6a-12p Desai Odd 12p-6p Eslamian Even 12p-6p Goldenberg Odd 6p-12a Ottersbach Even 6p-12a Thota ON 12a-6a Askar Standby	6a-12p Boya Odd 12p-6p Romero Even 12p-6p Ramineni Odd 6p-12a Arabo Even 6p-12a Wei ON 12a-6a Goldenberg Standby
December 21, 2025	December 22, 2025	December 23, 2025	December 24, 2025	December 25, 2025	December 26, 2025	December 27, 2025
	6a-12p Arabo Odd 12p-6p Jalil Even 12p-6p Wei Odd 6p-12a Romero Even 6p-12a Ramineni ON 12a-6a Goldenberg Standby	6a-12p Paul Odd 12p-6p Sabri Even 12p-6p Wei Odd 6p-12a Cherepnina Even 6p-12a Jalil ON 12a-6a States Standby	6a-12p Siddiqui Odd 12p-6p Muralidhara Even 12p-6p Dhaliwal, S Odd 6p-12a Zaman Even 6p-12a Thompson ON 12a-6a Goldenberg Standby	6a-12p Nikravesh Odd 12p-6p Paul Even 12p-6p States Odd 6p-12a Said Even 6p-12a Cherepnina ON 12a-6a Sabri Standby	6a-12p Muralidhara Odd 12p-6p Thompson Even 12p-6p Zaman Odd 6p-12a Salehi Even 6p-12a Jalil ON 12a-6a Dhaliwal, S Standby	6a-12p Cherepnina Odd 12p-6p Fu Even 12p-6p Mostamand Odd 6p-12a Siddiqui Even 6p-12a Sabri ON 12a-6a Li Standby
December 28, 2025	December 29, 2025	December 30, 2025	December 31, 2025	January 1, 2026	January 2, 2026	January 3, 2026
	6a-12p Sabri Odd 12p-6p Jalil Even 12p-6p Nikravesh Odd 6p-12a Fu Even 6p-12a Li ON 12a-6a Mostamand Standby	6a-12p Damavand Odd 12p-6p Askar Even 12p-6p Ottersbach Odd 6p-12a Goldenberg Even 6p-12a Arabo ON 12a-6a Dela Cruz Standby	6a-12p Romero Odd 12p-6p Khayyat, Sinan Even 12p-6p Said Odd 6p-12a Damavand Even 6p-12a Eslamian ON 12a-6a Nourin Standby	6a-12p Ottersbach Odd 12p-6p Malinak Even 12p-6p Desai Odd 6p-12a Garlapati Even 6p-12a Goldenberg ON 12a-6a Boya Standby		